

WARRINGTON ROAD CLUB

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Harry Barker Memorial 50 mls Time Trial Incorporating the NW VTTA Championships



FOUNDED 1923



Promoted for and on behalf of Cycling Time Trials under their
Rules and Regulations on Saturday 25 May 2019 at 2.00 pm

COURSE – J4/16

TIMEKEEPERS Tony Millington and Graham Lawrence

COURSE DETAILS

Start at JS14 mark in Twemlow Lane, approximately 100 yards west of Hermitage Lane. Proceed east to the A535 at Twemlow Green where turn left on the A535 to Chelford Island (**5.763mi**).

Take 2nd exit left onto the A537 to Booths Hall Island (**9.801 mi**) where left along Goughs Lane to the A50 and left again to Twemlow lane (**16.104 mi**). Turn left into Twemlow Lane pass the start (**16.407 mi**) to complete another lap.

Continue to the A535 where turn left to Chelford Island (**22.777 mi**), left to Booths Hall Island (**26.835 mi**), left into Goughs Lane towards the A50, left onto A50 and left into Twemlow Lane (**33.118 mi**), past the start again to complete another lap.

Continue to the A535 where turn left to Chelford Island (**39.791 mi**), left to Booths Hall Island (**43.289 mi**), left along Goughs lane to the A50 and left again to the finish at the JS14 mark on the A50 opposite a small 50 mph sign, 2 yards beyond an iron field gate but before 'Plum Tree Farm' sign, approx 150 yards short of Twemlow Lane (**50.000 mi**).

NOTES: 1. Directions to start: from the HQ turn left along the A50 and then right into Twemlow lane. The start is approximately one mile.
2. After finish continue along A50 to the HQ.
3. Riders must not stop at the finish but should continue to the event HQ where times will be displayed.
4. NO PARKING AT THE START OR FINISH Vehicles must not be parked, however briefly, in any part of the access area to Mount Pleasant Nursing Home, opposite the finish.

HEADQUARTERS: Cranage Village Hall, 7 miles south of Knutsford and 1 ml north of Holmes Chapel on the A50. Postcode: CW4 8EQ. Open from 12.30 pm.

RACE NUMBERS: Available at HQ. Sign the Sign On sheet when you collect your number. *All competitors are required personally to sign the signing out sheet when returning their number. Failure to do so will result in the competitor being recorded as DNF.*

BE WARNED! Dangerous riding causes accidents and most certainly endangers the future of our sport. Please ride with your head up at all times. 'U' turns in the vicinity of the start and finish will lead to disqualification.

OBSERVERS ARE BEING USED DURING THIS EVENT

PRIZE LIST

The Fastest rider overall holds the Harry Barker Memorial Trophy for one year and receives two complimentary tickets to the WRC dinner.

The Fastest VTTA NW rider on standard will be awarded 'The ES Ward Memorial Championship Cup'

	1st	2nd	3rd	4th	5th
Fastest overall	£50	£40	£30	£20	£15
Fastest vet on standard	£50	£40	£30	£20	£15
Fastest lady	£50	£40			
Fastest team overall	£15	each			

ONE RIDER ONE PRIZE EXCEPT TEAM

Important Notices

1. IN THE INTEREST OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters, strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard. In accordance with regulation 15 All **JUNIOR** competitors must wear Protective Hard Shell Helmets.

2. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

3. CHELFORD ISLAND

Riders must negotiate Chelford Island in a safe and sensible manner in accordance with CTT Reg. 20 and the rules of the road. Riders must be able to brake and stop at the island if traffic conditions require this. Riders MUST NOT USE their tri-bars between the first bollard they pass on entering the island and the last bollard they pass leaving it. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action.

4. Care at Road Junctions

Riders must exercise caution at all junctions. **Any competitor whose riding line causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification and may be reported to the District Committee for further disciplinary action.**

A competitor who swings out to the right before executing a left turn should ensure that the road behind is clear of traffic before doing so. The practice is not encouraged by the District Committee and competitors who ride in this manner are warned that in many circumstances this manoeuvre will be regarded as a contravention of regulation 19(a)(b)(d).

5. Be aware that there is a double bend shortly after turning into Twemlow Lane at Cranage. Riders need to anticipate this and be prepared to negotiate it in a safe manner. In wet weather the metal covers and edges become a skid risk. Please take care.



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